

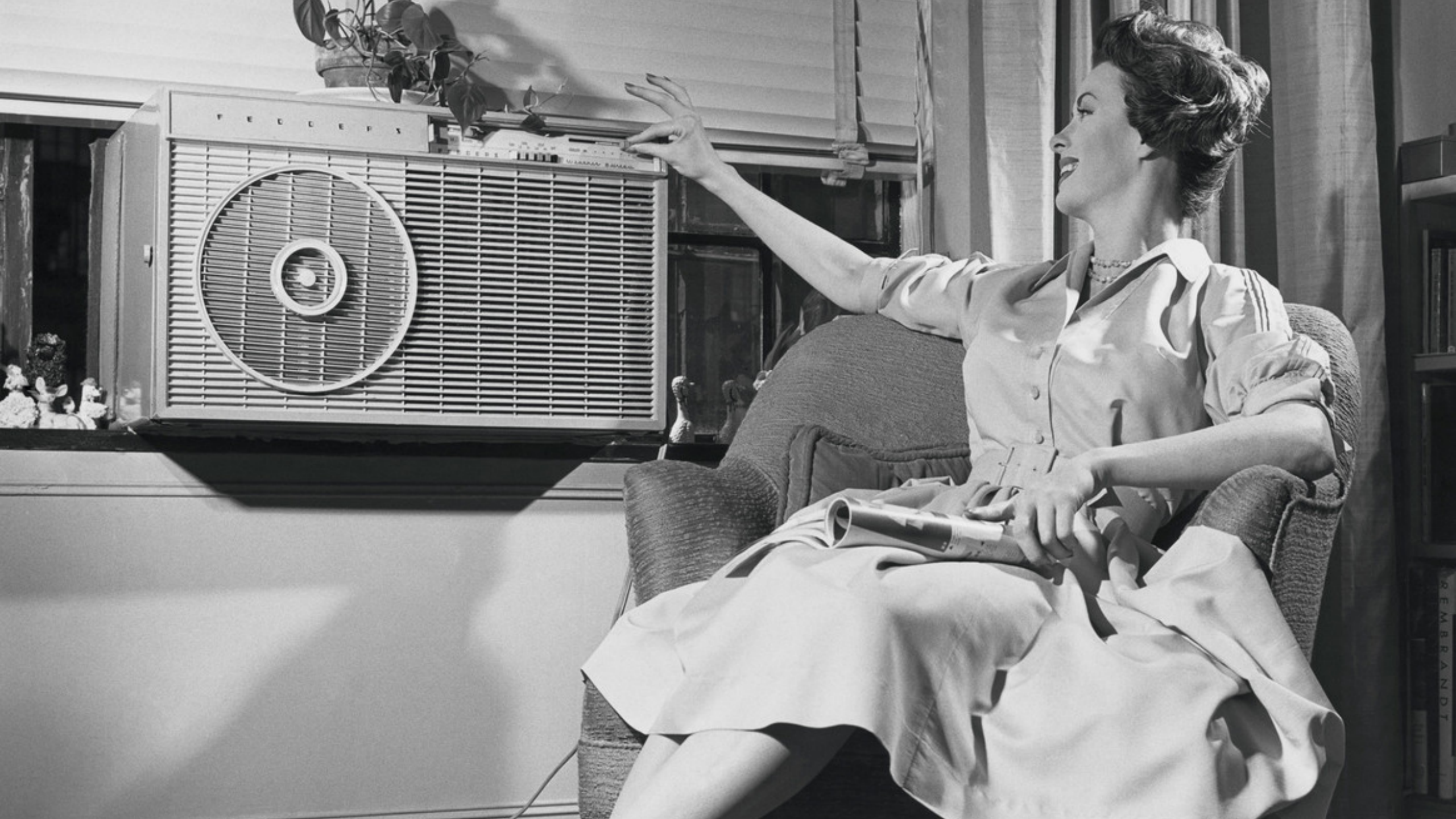
# SUMMERTIME OVERHEATING IN UK HOMES

Can occupants keep cool without using air-conditioning?

Ben Roberts supervised by Dr. David Allinson and Prof. Kevin J. Lomas

LoLo Annual Colloquium 2018

8 November 2018



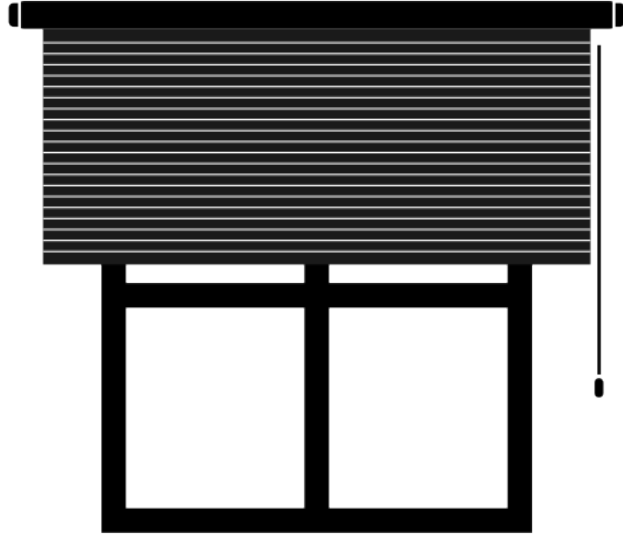












## PhD Aim

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Can window and curtain use reduce summertime overheating?







# Synthetic occupancy

- Not real people, but does things people do.
- Controlled
- Repeatable
- Reliable

But...

- Doesn't perfectly replicate the behaviour of real building occupants.







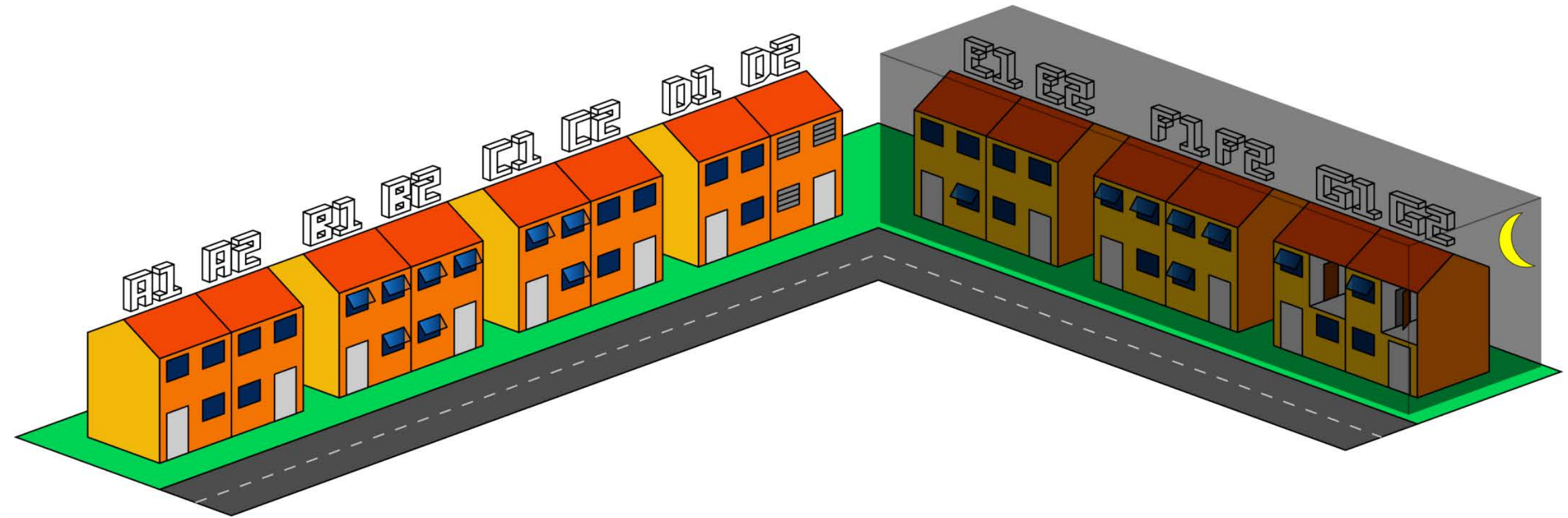








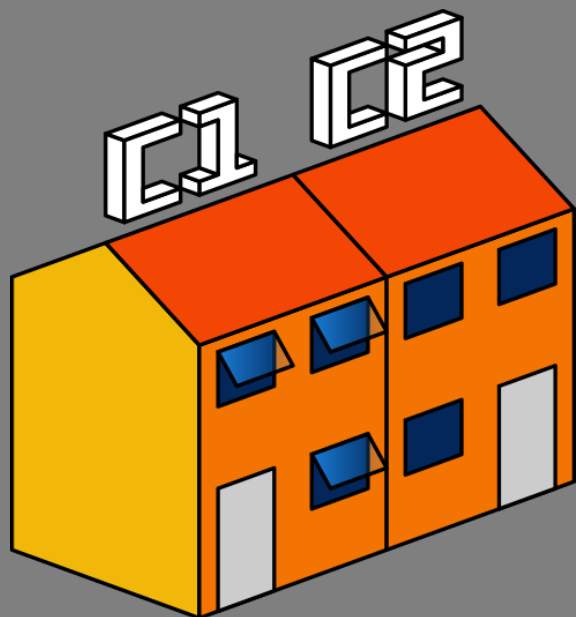




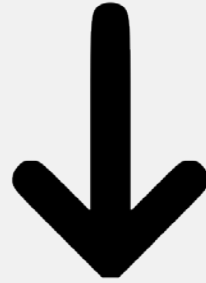
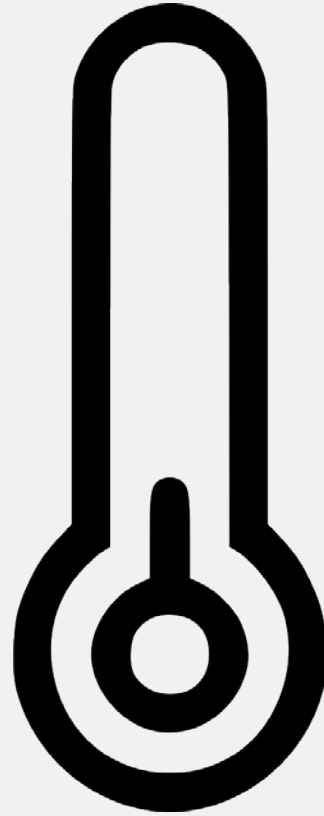
Comparing different occupant behaviours  
May-September 2017



# Comparing window opening





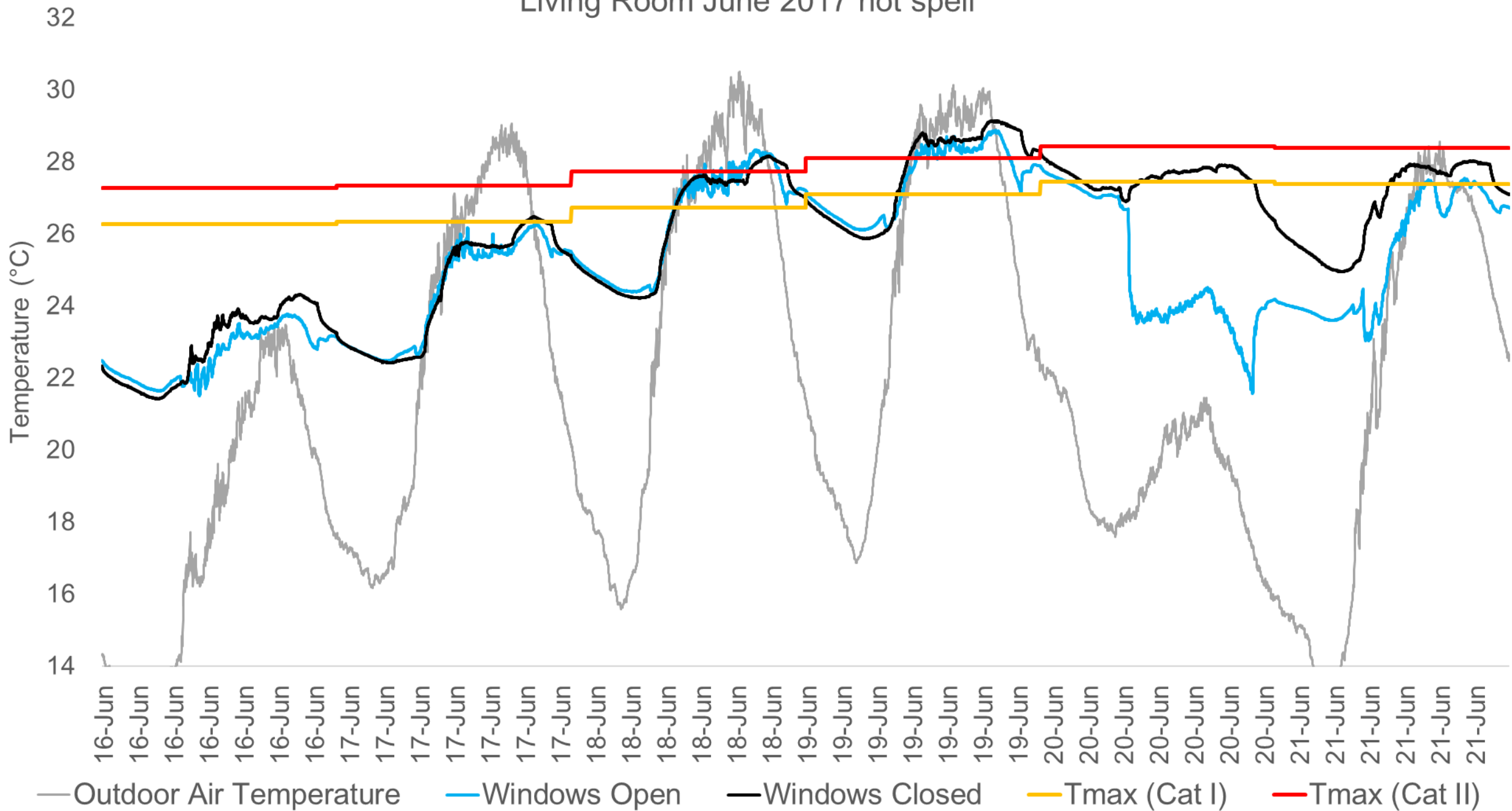


1.5°C

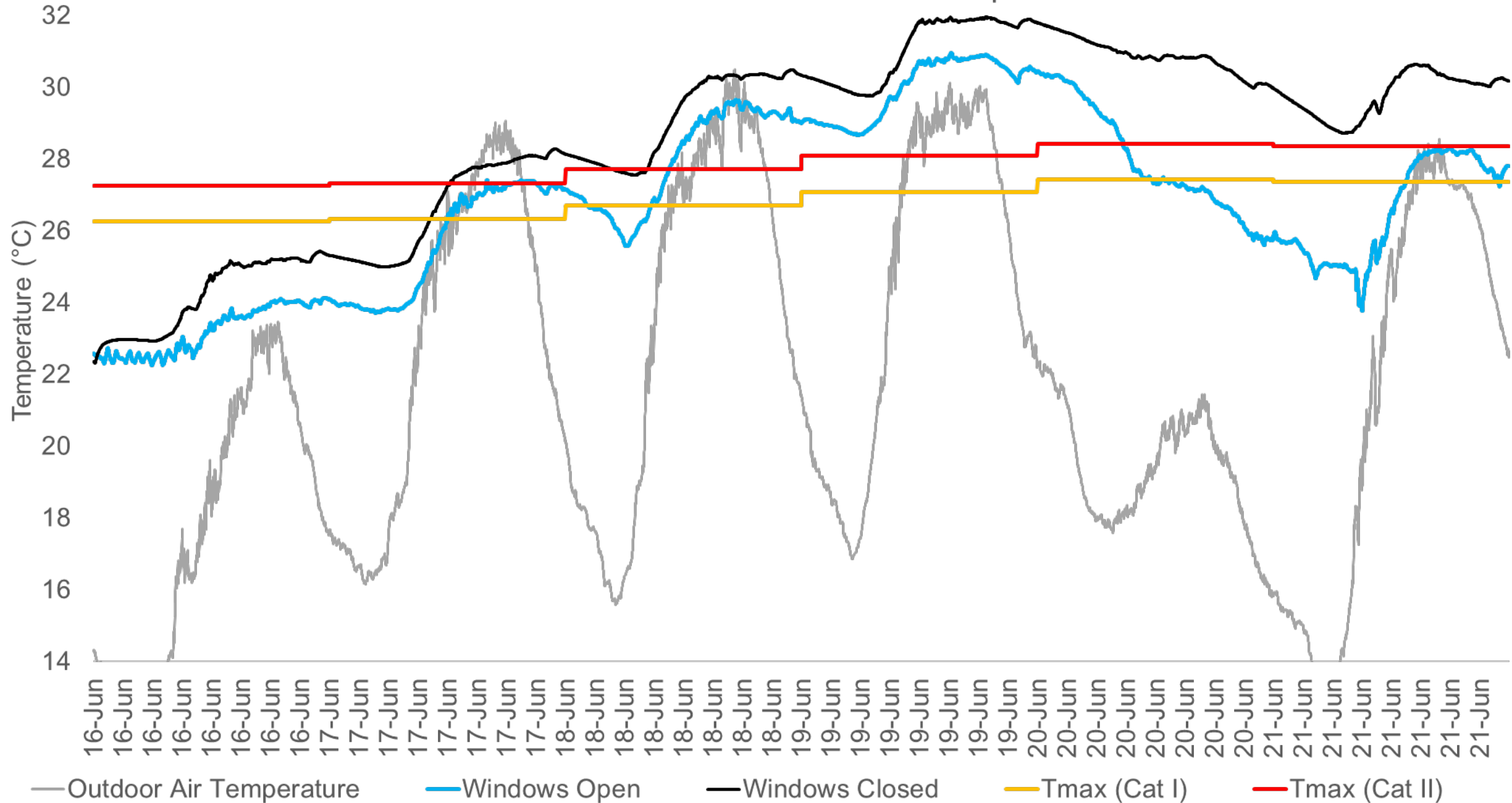
Mean whole-house floor area weighted average 1.5°C reduction in operative temperature by opening windows in occupied rooms when air temperature >22°C over 21 day test period



# Living Room June 2017 hot spell

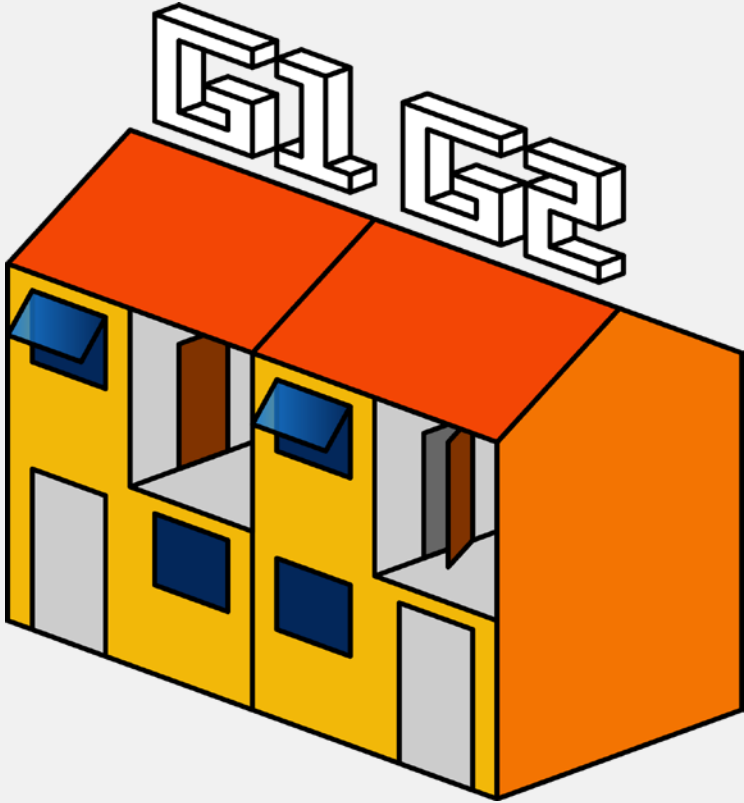


Front double bedroom June 2017 hot spell





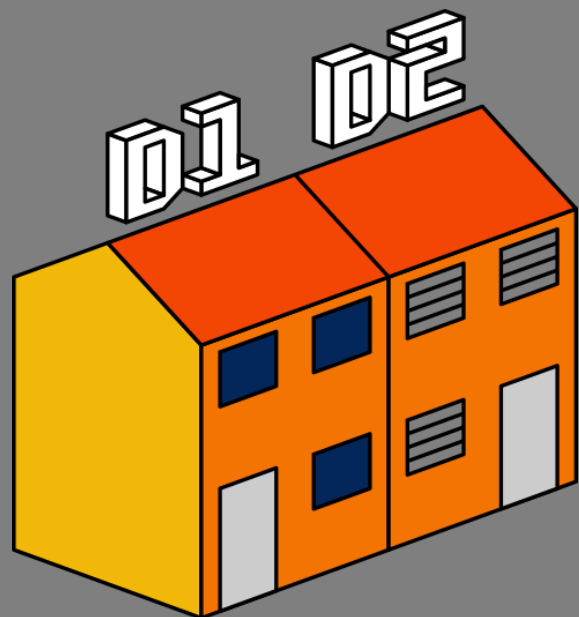
# Lower operative temperature with **internal doors open** when night ventilating



All hours	Sleeping hours
1.3°C	1.7°C

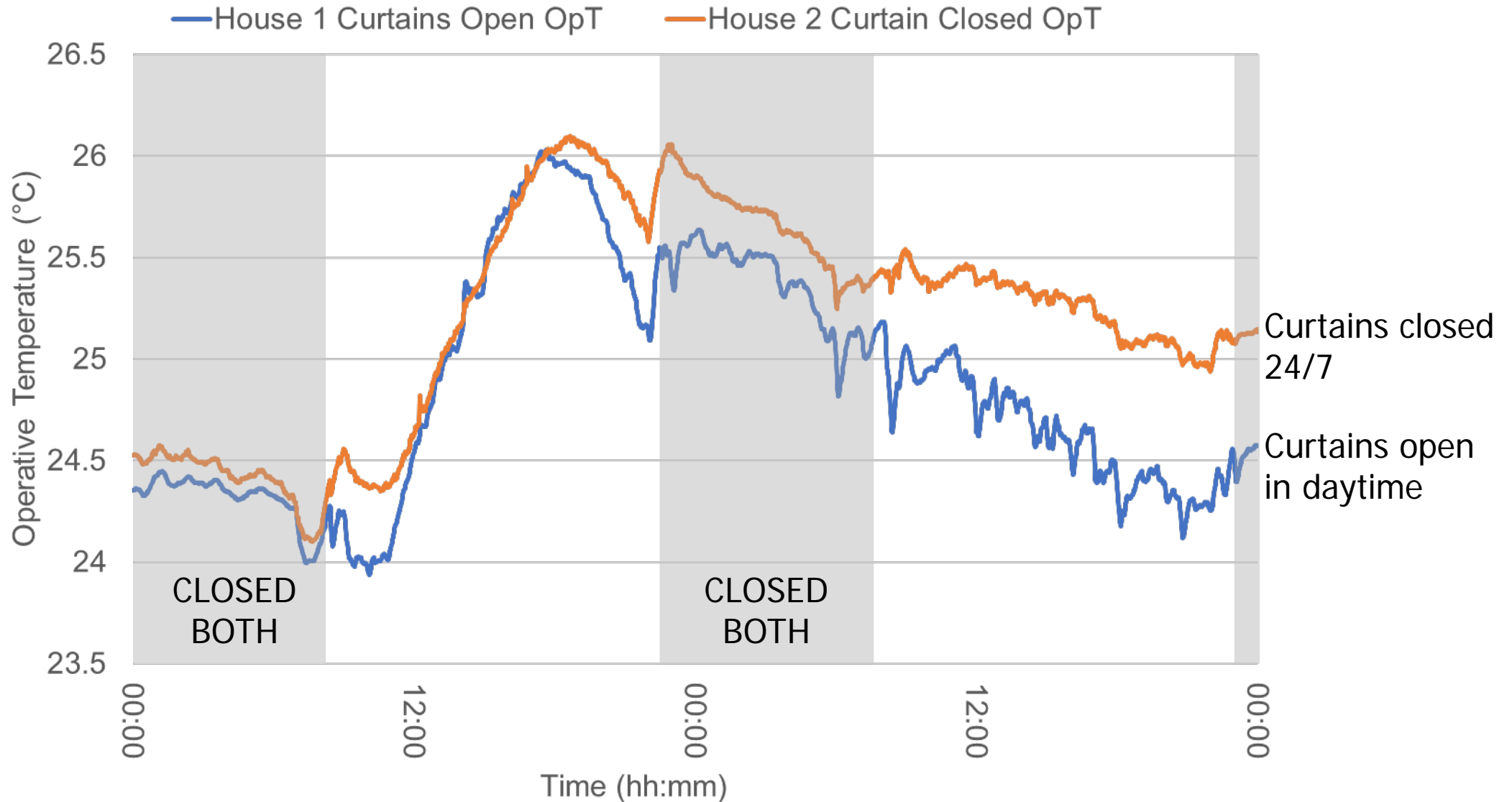
Difference in single bedroom operative temperatures (mean) for 17 day test period.

# Comparing blind use





A paired t-test showed north-facing bedroom operative temperatures were 0.2-0.4°C lower with **curtains open**.



# Ventilation measurements with tracer gas





What can occupants do to reduce ~~overheating~~ indoor temperature?

1. Night ventilate.
2. Open curtains at night.
3. Open bedroom doors.



**Industry** Continue to develop secure and noise/light-attenuated night ventilation.



**Academia** New dataset of indoor temperature using CIBSE TM59 occupancy profiles for further analysis.



**Policymakers** Regulate to enable night ventilation and cross-ventilation in future residential buildings.





**Industry** Continue to develop secure and noise/light-attenuated night ventilation.



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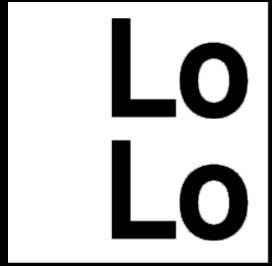
**Academia** New dataset of indoor temperature using CIBSE TM59 occupancy profiles for further analysis.



**Policymakers** Regulate to enable night ventilation and cross-ventilation in future residential buildings.







London-  
Loughborough  
EPSRC CDT

Thank you for listening

Ben Roberts, PhD Student

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[lolo.ac.uk/people/ben-roberts/](https://lolo.ac.uk/people/ben-roberts/)



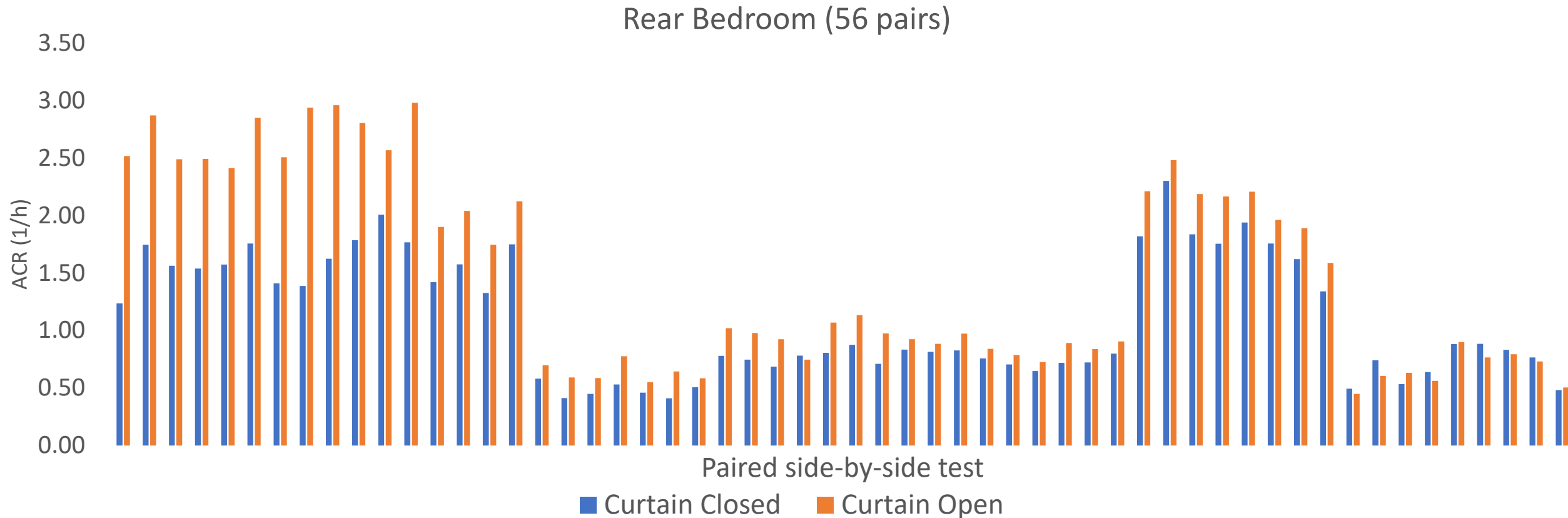
Loughborough  
University

Extra information



# Lower air change rates with curtains closed

(and windows open)



Paired t-test = **0.25-0.47ac/h difference** curtains  
open/closed (rear bedroom)

# LIFE IN THE GAP: HOW DOES A CONSTRUCTION TEAM RESPOND TO TARGETS FOR ENERGY AND CARBON IN-USE?

Catherine Willan

Supervisors: Paul Ruyssevelt, Michelle Shipworth, Russell Hitchings

LoLo Annual Colloquium 2018 8<sup>th</sup> November 2018

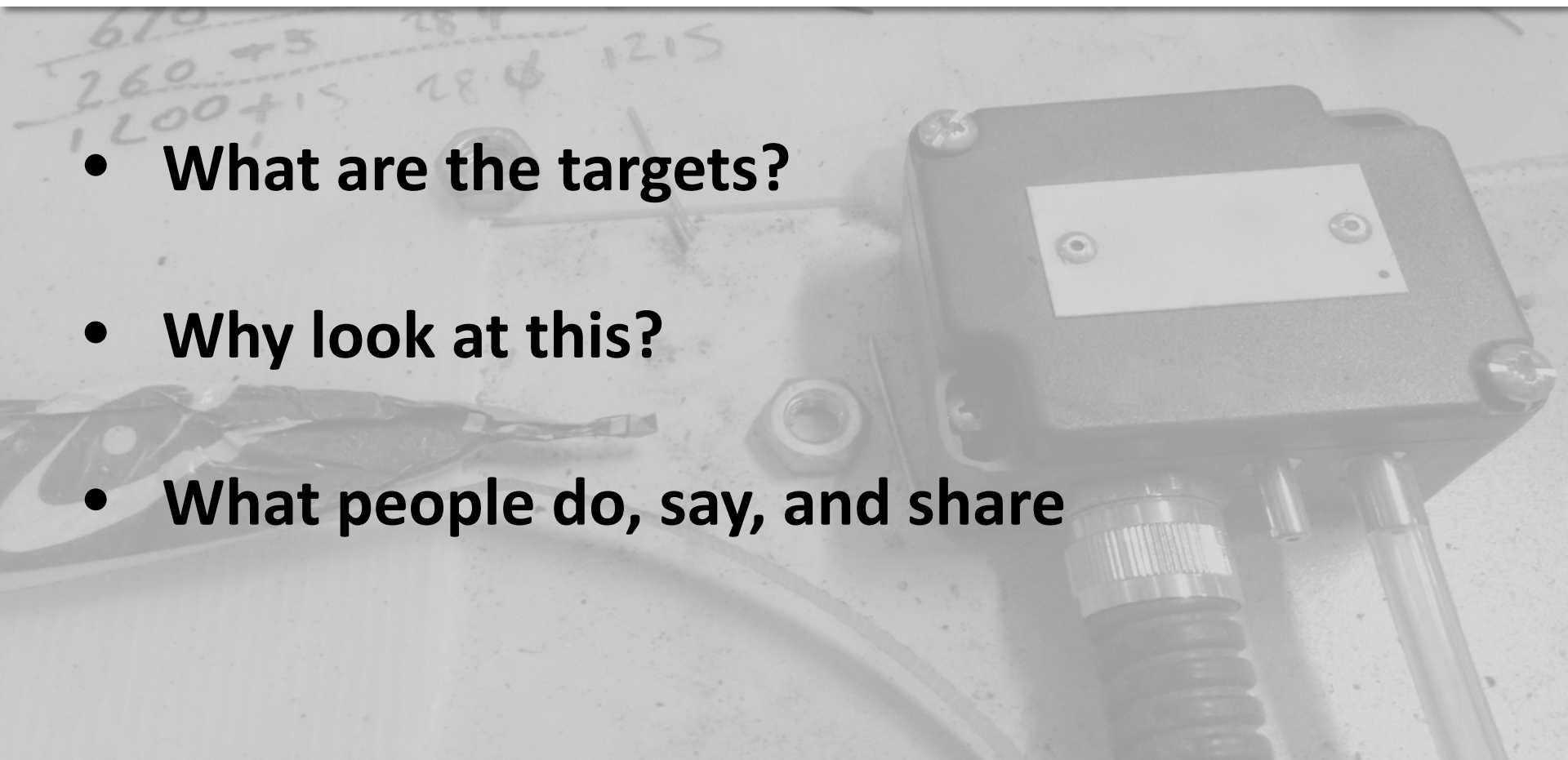
[@LoLoCDT](#) [#lolocdt](#)





# **“If we don’t hit our carbon target, we will be fined” (construction manager)**

- **What are the targets?**
- **Why look at this?**
- **What people do, say, and share**



**“I’d like to think that you design a system,  
and it’s the best it could be” (contractor)**

**So do targets make construction companies more  
responsible for performance in-use?**

**Yes...**

- Drivers
- Focus
- Links
- Sense of pride

**“As much as ...we want to be [a]  
green contractor, I’m really looking at risk”  
(engineer)**

**...and no**

- No road map
- Silver bullets
- What is being guaranteed?

**Target management not energy management?**



**“Remember we're a systems integrator.  
We don't build...” (head office)**

## **What does this mean for construction?**

- Practical guidance
- Consistent responsibility
- Coordination points
- Knowledge and information

**“There are no standards – it’s not like you can go the ISO standard” (engineer)**

## **Reflections for policy**

- Policy in practice
- Standards vs variation
- Contracts and incentives
- Market pull

**“You know you've achieved what you think you've achieved” (engineer)**

**Research perspective:  
what is an energy efficient building?**

- Reality (“actual use”) is negotiable
- Do targets tell us how well the building did?





# Thank you



# DEVELOPING A DYNAMIC METHOD TO ASSESS WHOLE HOUSE HEAT LOSS

Frances Hollick      Supervised by Cliff Elwell (1<sup>st</sup>) Bob Lowe (2<sup>nd</sup>)

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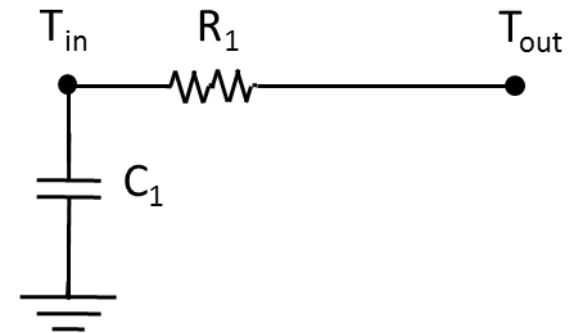
LoLo Annual Colloquium 2018

8 November 2018

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## Aims:

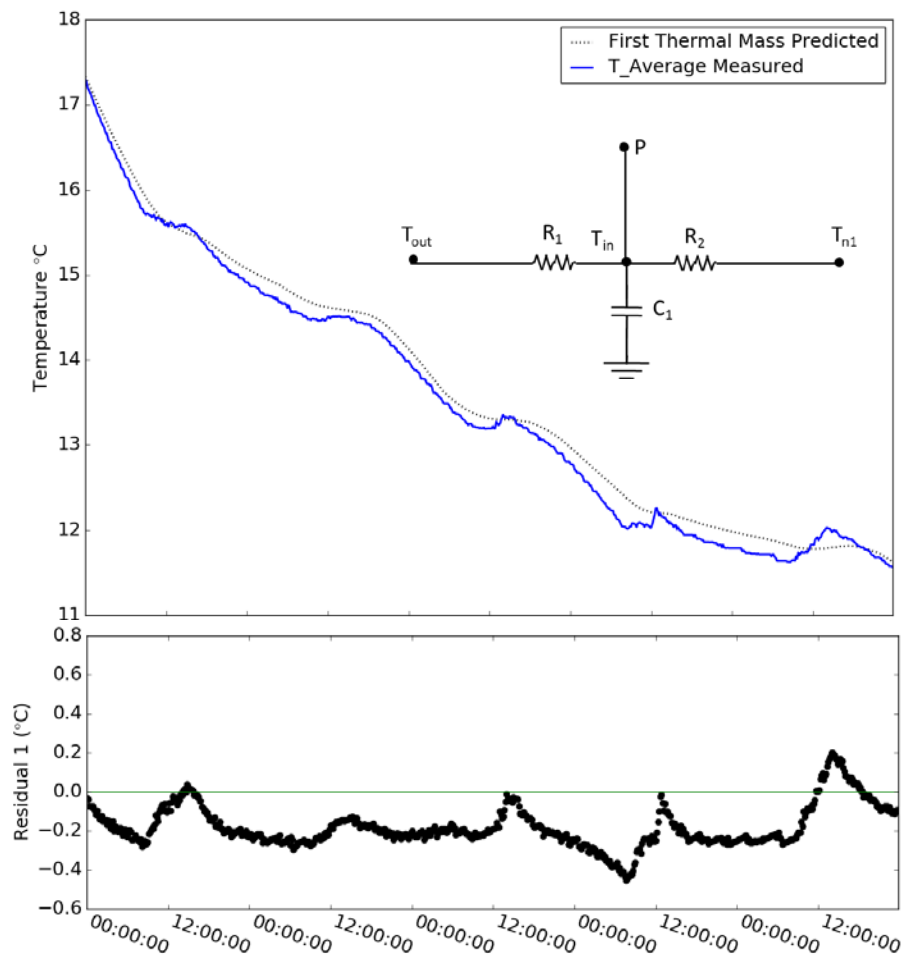
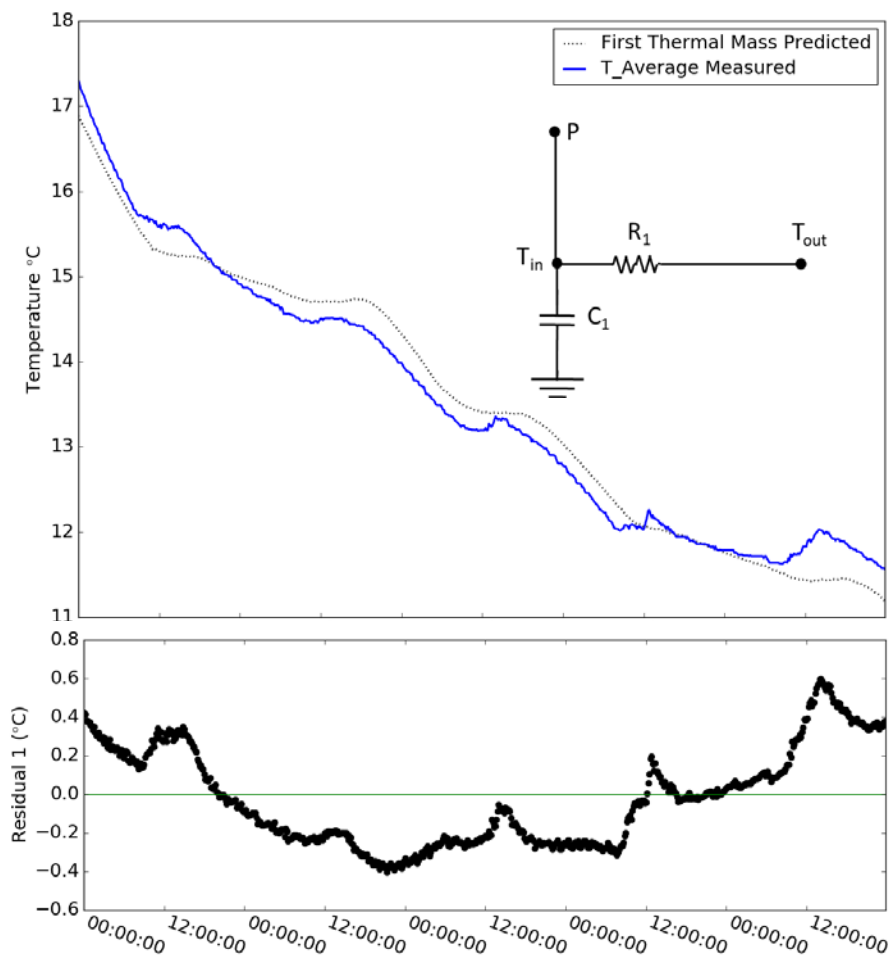
- A widely applicable method of determining the heat loss coefficient of an occupied house
  - As unintrusive as possible
  - Requiring minimal assumptions



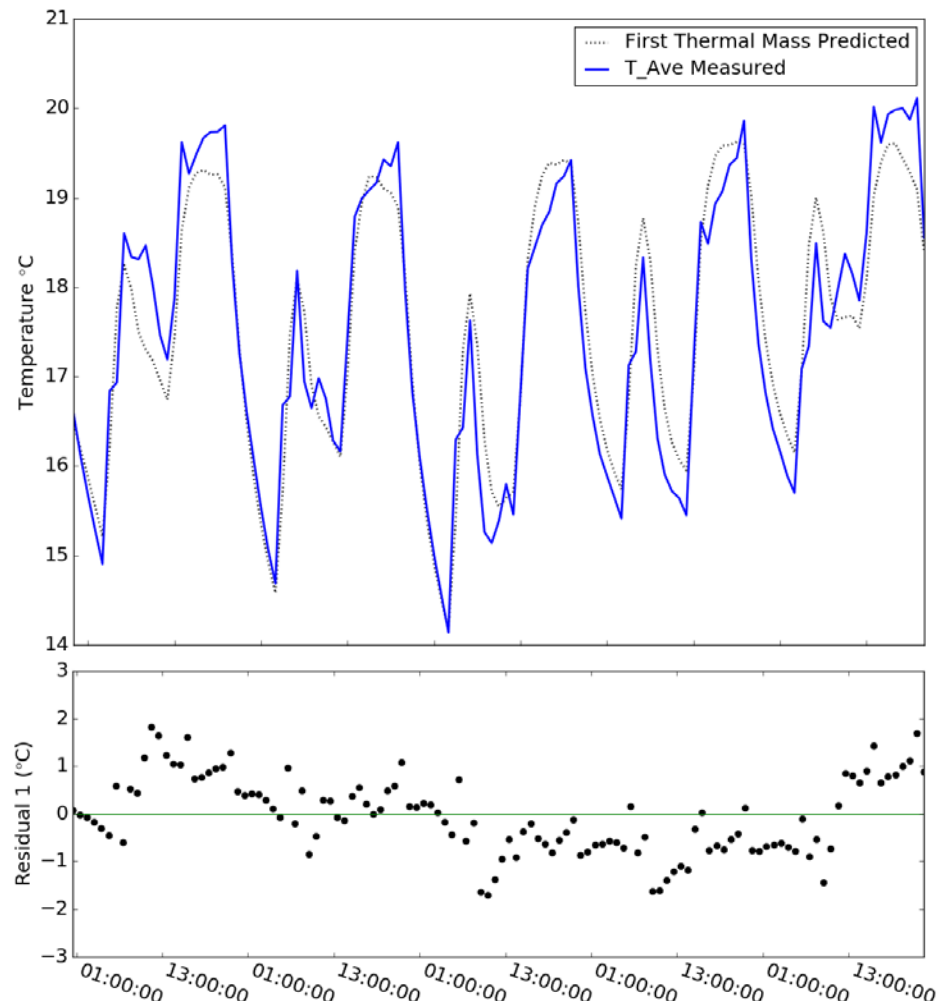
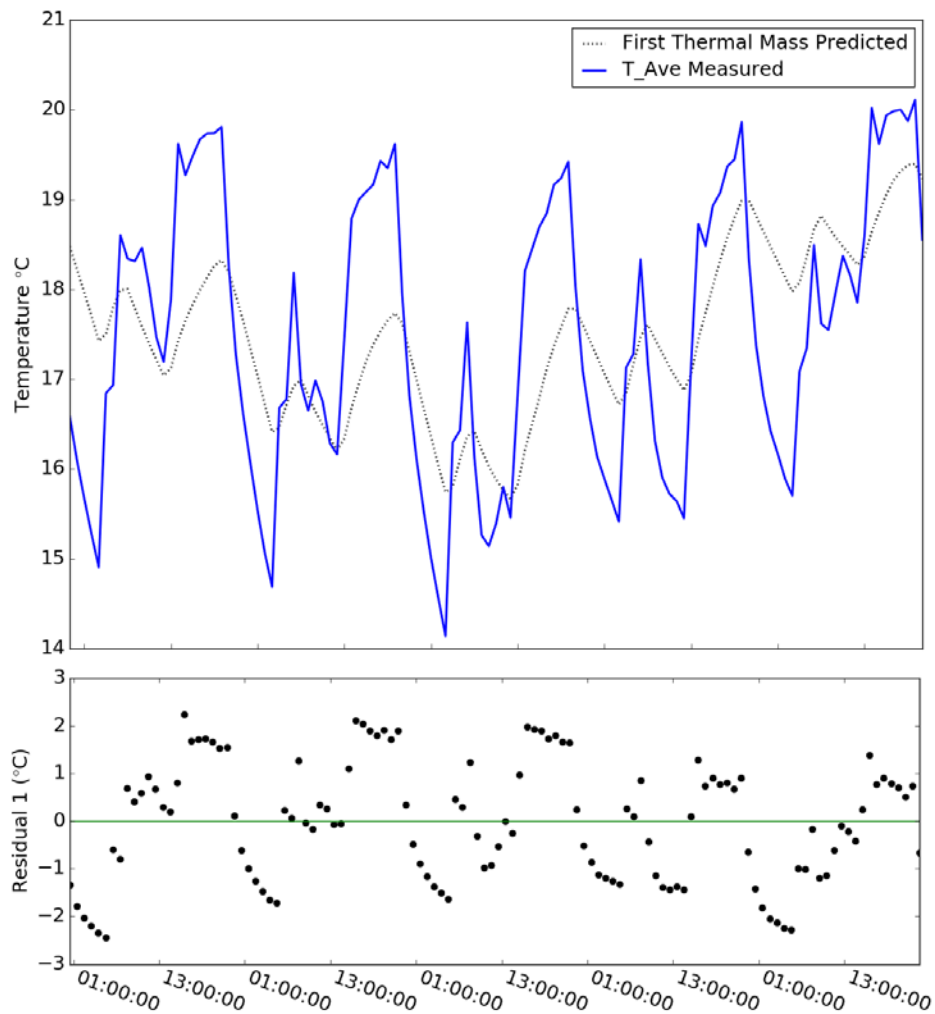
## Methods:

- Bayesian analysis of grey box models
- Lumped thermal capacitance models
- Around 6 case study houses, all occupied or with synthetic occupancy

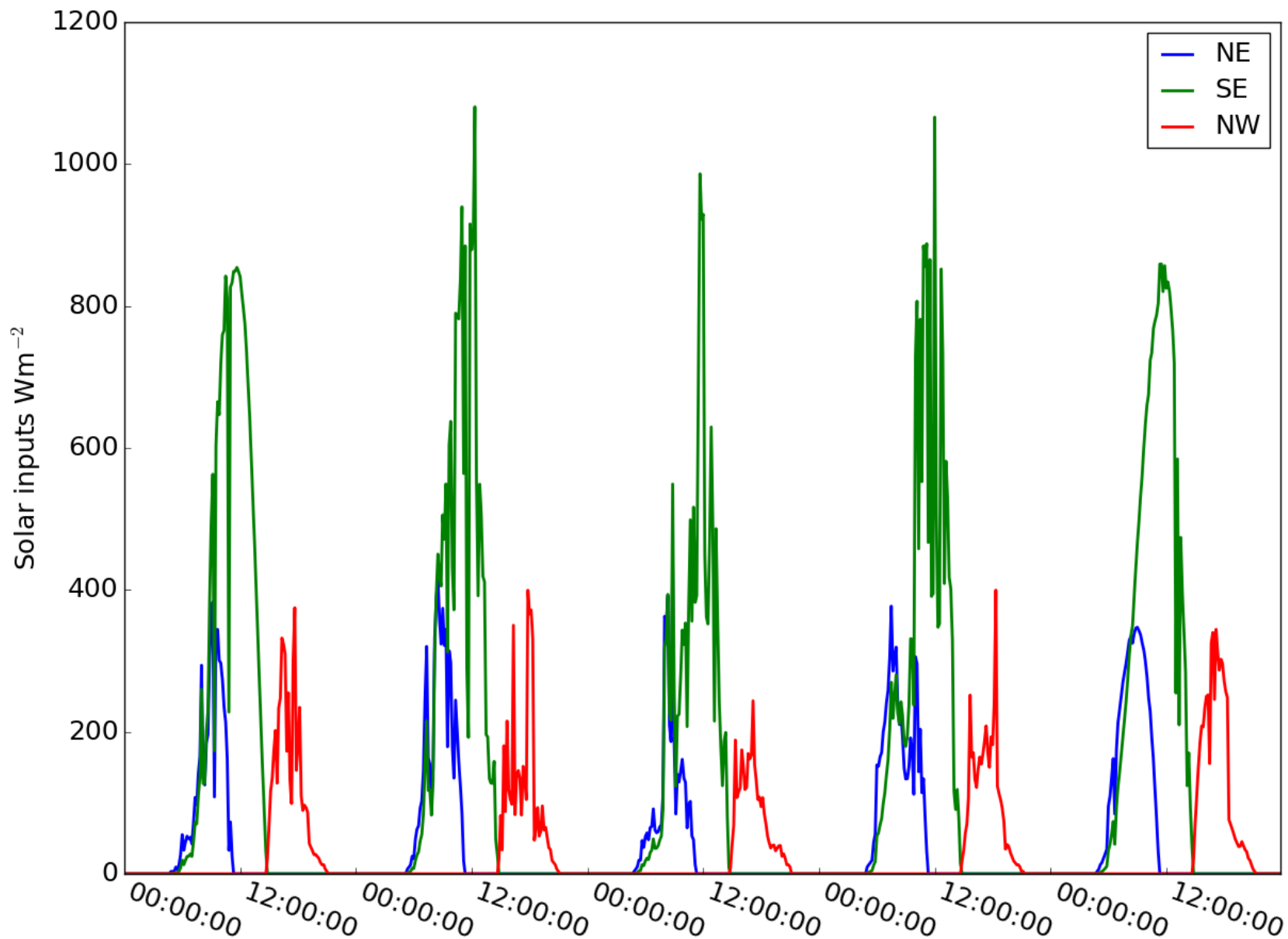




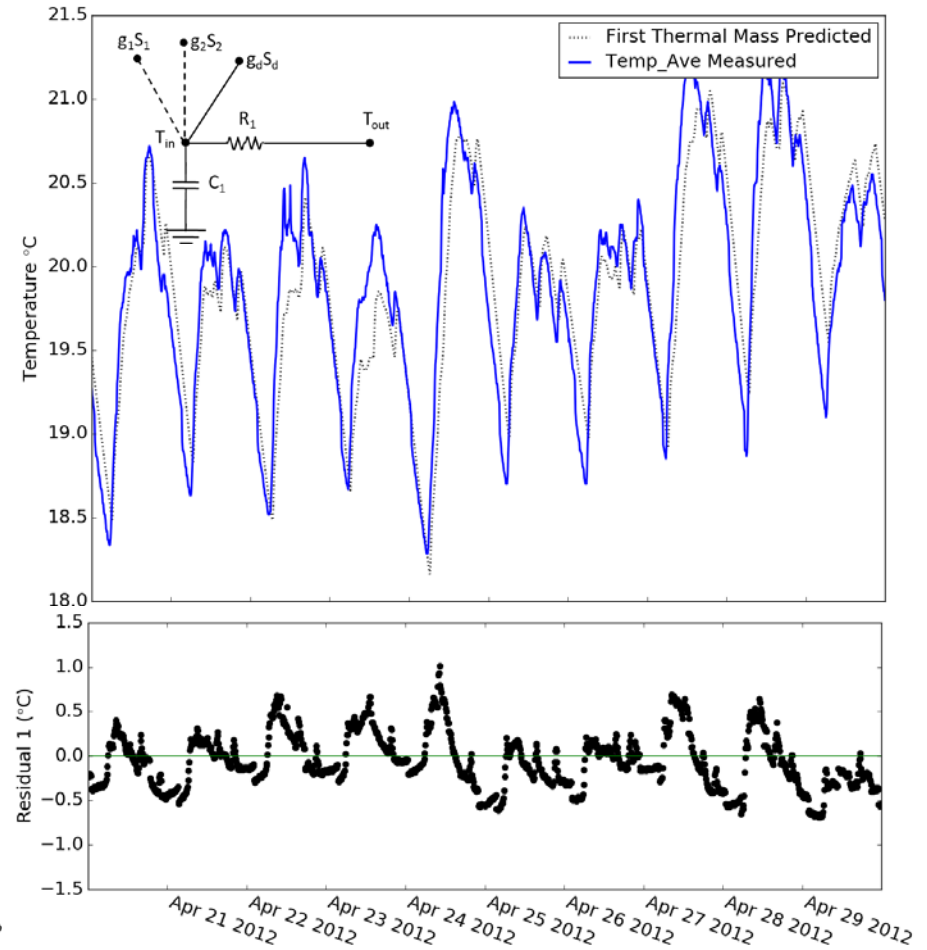
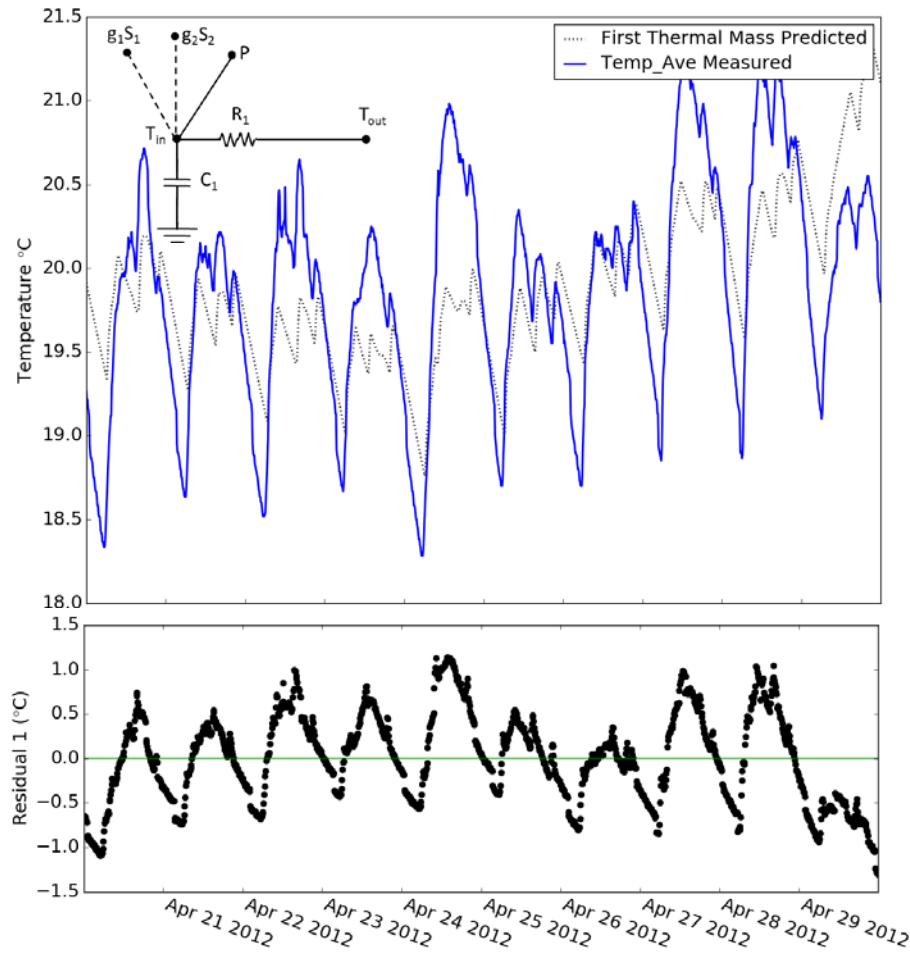
5 unoccupied days in November  
Semi-detached house



5 synthetically-occupied days in March  
Semi-detached house







10 synthetically-occupied days in April  
Detached house

# Insights for academia:

- It is possible to dynamically model an occupied house using internal temperature, smart meter-style energy data and basic weather data
  - Different models are required for different buildings and different times of year
- Dynamic models allow shorter testing periods and year-round data collection
- Characterising water heating becomes more important as fabric efficiency improves; more data is needed to explore this

## Insights for industry:

- Models of this form could be incorporated into smart in-home devices
- They could also be used for QA, or to facilitate targeted retrofits

## Insights for policy:

- The method could provide a tool to investigate a building's compliance
- It could also support the implementation of retrofitting schemes, and the wider benefits of smart-meter roll out



# PREDICTION OF INTERNAL TEMPERATURES DURING HOT SUMMER CONDITIONS WITH TIME SERIES FORECASTING MODELS

**Presenter:** Matej Gustin, Loughborough University

**Supervisors:** Dr. Rob McLeod and Prof. Kevin Lomas

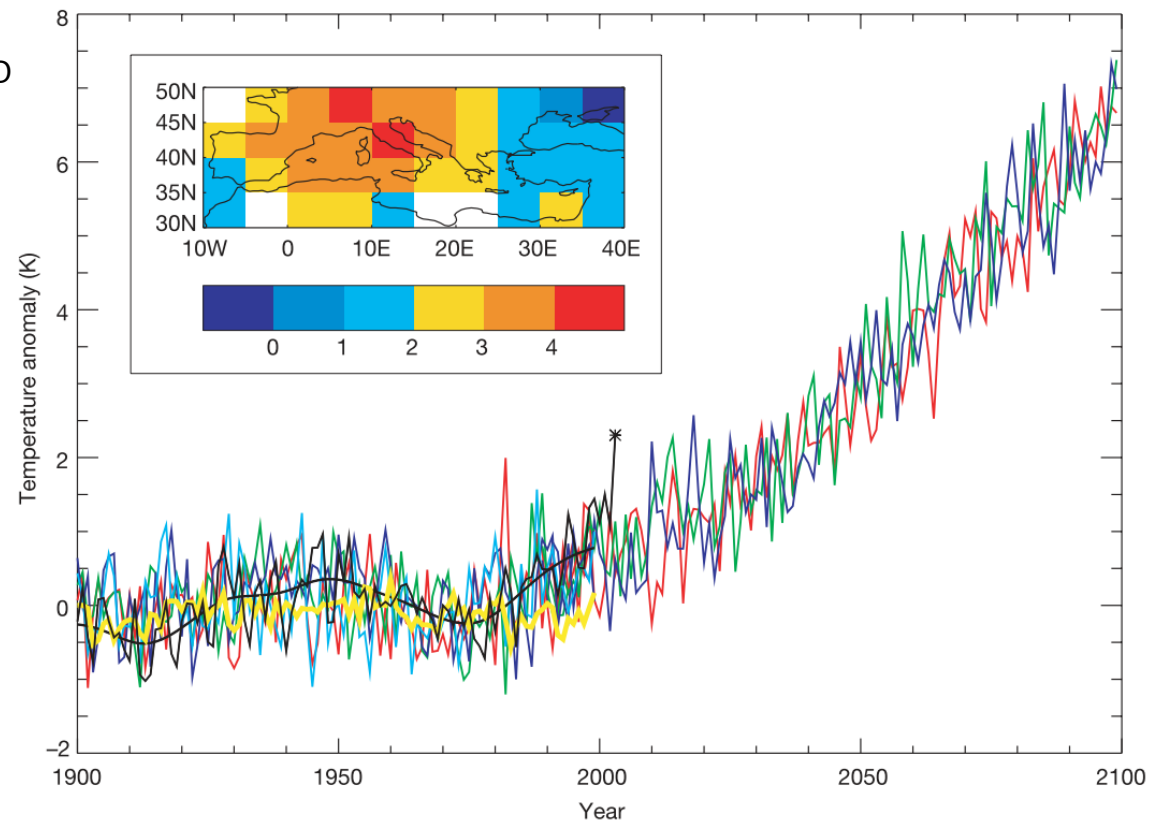
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**LoLo Annual Colloquium 2018**

8 November 2018

@LoLoCDT #lolocdt

- **Heatwave 2003:** over 2,000 heat-related deaths in the UK and more than 30,000 across Europe [1]
- Such events are predicted to become **more frequent, more intense and longer lasting** due to climate change [2-3]
- **Heatwave 2018:** unusual heatwaves and record breaking temperatures in Northern Europe [4]



Summer temperature anomalies, [Stott et. al. \(2004, Nature\): \[5\]](#)

- Following 2003 heatwave **Heat-Health Warning Systems (HHWSs)** were adopted in 16 European countries, warnings based on external air temperature [6-7]
- **Individuals situated indoors** are 1.7-3.8 times more likely to experience adverse conditions than individuals located outdoors [8]
- People spend most of their time indoors [9]
- People aged over 60 years and individuals with **chronic diseases** at increased risk [10]
- Over-reliance on **air conditioning** is **unsustainable** and not widely affordable [11]
- Development of local, **dwelling-based** internal thresholds, should be a priority [12]




# Project title, aim and objectives of the projects

**Project title:** PREDICTING OVERHEATING RISK IN UK HOMES

**Aim:** *to develop an empirical forecasting model for the short-term prediction of the indoor temperatures in free-running existing dwellings during hot summer conditions*



## Objectives:

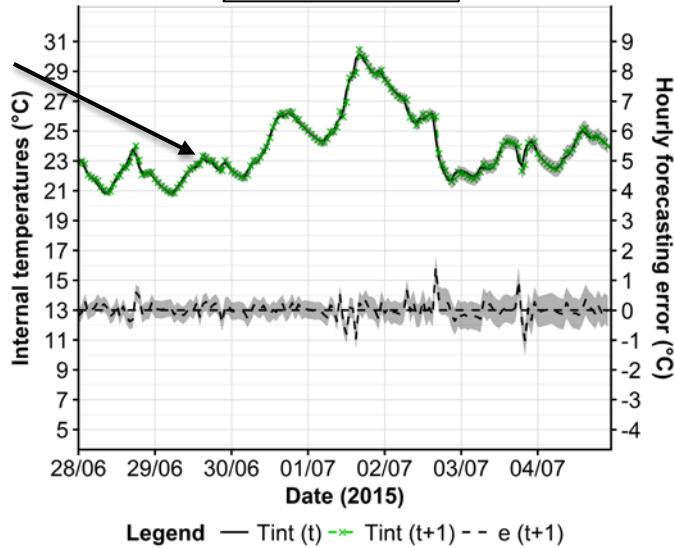
- Develop model able to operate during extreme events (i.e. heatwaves)
- Automate selection of optimal model structure (i.e. input variables)
- Create model which operates continuously with a rolling forecasting origin
- Evaluating how far in advance the model can forecast with adequate accuracy
- Test linear and semi-parametric models (e.g. ARX and GAM) 
- Evaluating stochastic effect of interventions (e.g. window opening)



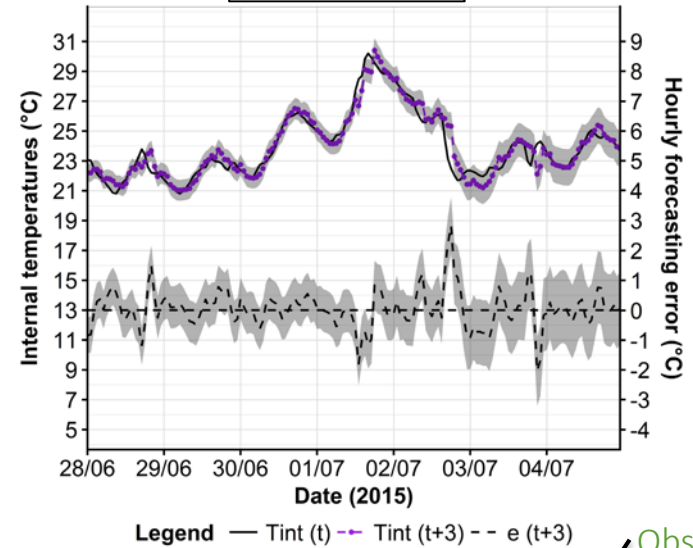
# Results - forecasts during the 2015 heatwave

Forecasted  
 temperatures  
 (coloured lines)

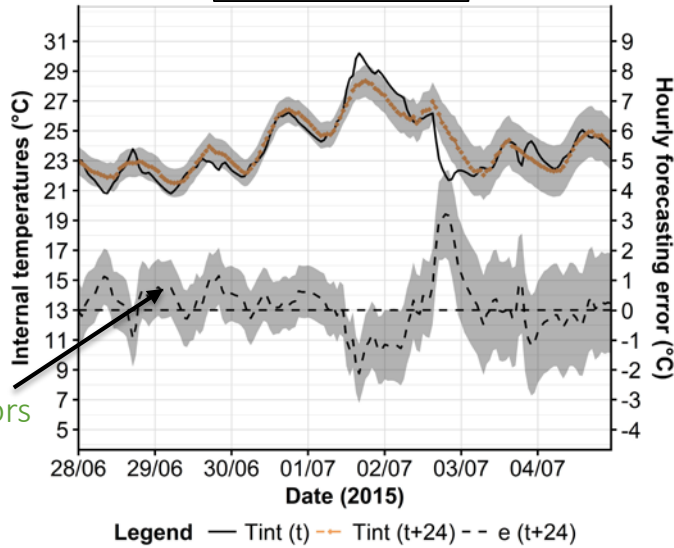
1 h forecasts



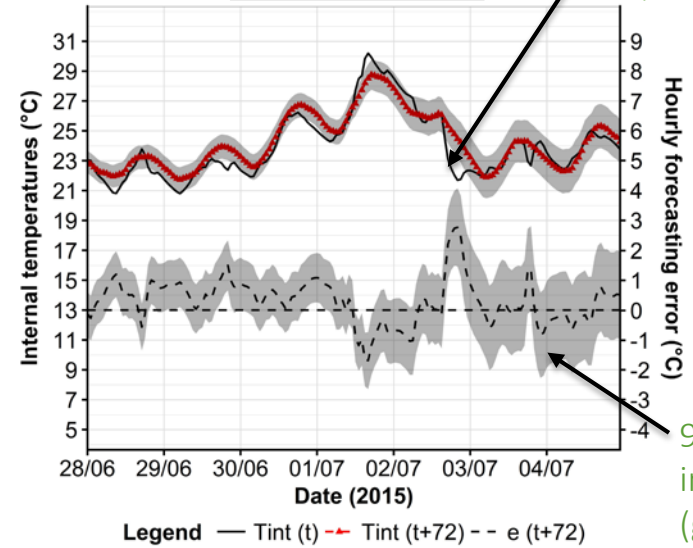
3 h forecasts



24 h forecasts



72 h forecasts



Observed  
 temperatures  
 (black lines lines)

Forecasting errors  
 (dashed lines)

95% prediction  
 intervals  
 (grey shading)

## HHWS (NOW):



Warnings triggered at regional level  
(based on outdoor air temperatures)

### Issues:

- Cannot identify who is actually at risk of overheating
- Dwellings overheat at different rates during hot weather and some might not even overheat



## HHWS (in the FUTURE):

Warnings triggered at local level  
(i.e. for specific rooms)

### Advantages:

- Can identify when, where and who is at a higher risk
- Supply tailored information to occupants on mitigation actions
- Targeted deployment of emergency services



## 1. EMPIRICAL MODELS CAN BE INTEGRATED IN SIMPLE DEVICES (e.g. SMART METERS)

- Models can run locally offering on-the-spot temperature predictions

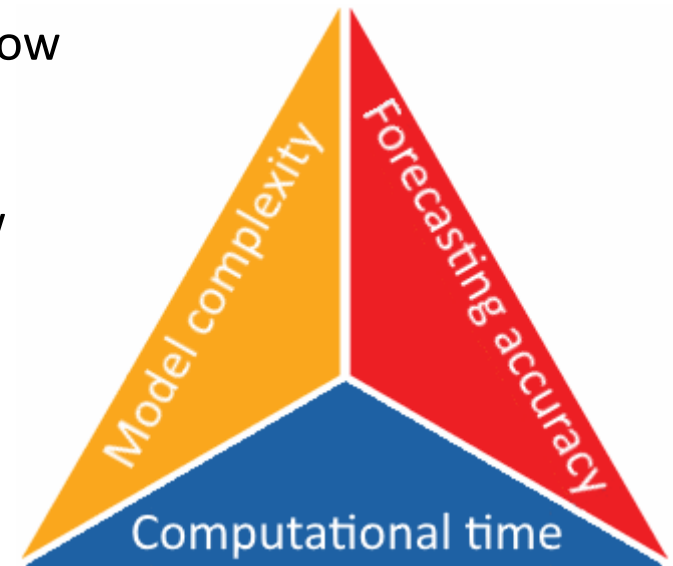


## 2. CALCULATIONS PERFORMED AT A CENTRALISED DATA CENTRE

- Readings transferred to data centre via WiFi
- Occupants receive overheating notifications via smartphones, sms/email; calls from emergency services to vulnerable occupants



- More complex models  $\neq$  better forecasts
- Identified why and which models more reliable when forecasting out of the usual range (e.g. heatwaves):
  - a) Semi-parametric GAM best for short-term forecasting ( $\leq 6h$ )
  - b) Linear ARX models more reliable for longer forecasts, less sensitive and approximate better when predicting out of usual range
- Logistic GAM models adequately predict window opening if established pattern
- Forecasting indoor temperatures with window opening states doesn't improve accuracy





- Journal paper (2018)

Building and Environment 143 (2018) 727–739



Contents lists available at [ScienceDirect](https://www.sciencedirect.com)

## Building and Environment

journal homepage: [www.elsevier.com/locate/buildenv](http://www.elsevier.com/locate/buildenv)



### Forecasting indoor temperatures during heatwaves using time series models

Matej Gustin<sup>a,b,\*</sup>, Robert S. McLeod<sup>a,b</sup>, Kevin J. Lomas<sup>a,b</sup>

<sup>a</sup> School of Architecture, Building and Civil Engineering, Loughborough University, LE11 3TU, UK

<sup>b</sup> London-Loughborough (LoLo) EPSRC Centre for Doctoral Training in Energy Demand, Loughborough University, LE11 3TU, UK



- ‘Best student paper’ award at the BSO 2018 conference in Cambridge



Proceedings of BSO 2018:  
4th Building Simulation and Optimization Conference, Cambridge, UK: 11-12 September 2018

### Prediction of Internal Temperatures During Hot Summer Conditions with Time Series Forecasting Models

Matej Gustin<sup>1,2,\*</sup>, Rob S. McLeod<sup>1,2</sup>, Kevin J. Lomas<sup>1,2</sup>

- Journal paper (in development): ‘Can semi-parametric models outperform linear models when occupant interventions are incorporated for the prediction of overheating in dwellings?’

- [1] De Bono, A. et al. , 2004. Impacts of summer 2003 heat wave in Europe. Environment Alert Bulletin UNEP (August), p. 4.
- [2] Meehl, G.A. and Tebaldi, C. , 2004. More Intense, More Frequent , and Longer Lasting Heat Waves in the 21st Century. Science 305(August), pp. 994–997.
- [3] Jenkins, G.J. et al. , 2009. The climate of the UK and recent trends. Met Office Hadley Centre, Exeter, UK.
- [4] World Meteorological Organization, 2018. July sees extreme weather with high impacts
- [5] Stott , P. et. al., 2004. Human contribution to the European heatwave of 2003. doi:10.1038/nature03089.
- [6] World Health Organization , 2009. Improving public health responses to extreme weather/heat-waves: EuroHEAT. WHO Regional Office for Europe , pp. 1–70.
- [7] Public Health England , 2015. Heatwave plan for England: Protecting health and reducing harm from severe heat and heatwaves. London.
- [8] Chan, N.Y. et al. , 2001. An empirical mechanistic framework for heat-related illness. Climate Research 16(2), pp. 133–143. doi: 10.3354/cr016133.
- [9] Mavrogianni, A. et al. , 2010. London housing and climate change: Impact on comfort and health - Preliminary results of a summer overheating study. Open house international journal 35(2), pp. 49–58.
- [10] Kenny, G.P. et al. , 2010. Heat stress in older individuals and patients with common chronic diseases. Cmaj 182(10), pp. 1053–1060. doi: 10.1503/cmaj.081050.
- [11] Anderson, M. et al. , 2013. Defining indoor heat thresholds for health in the UK. Perspectives in Public Health 133(3), pp. 158–164. doi: 10.1177/1757913912453411.
- [12] Met Office , 2016. 10 day weather forecast - Met Office.

